



FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Talk about the important dates in February (holidays, birthdays, etc.)					1 Make pudding and talk about the thin milk and the thick pudding.	2 Fill the kitchen sink with water. Play in the water with a variety of containers.
3 Take giant steps down the hall or on the sidewalk. Count your steps.	4 Sort the knives, spoons, and forks in the kitchen silverware drawer.	5 Count while you make big and little circles with your arms.	6 Draw a big heart on paper. Color it red.	7 Talk about all the people you love.	8 Look for all the red things in a room.	9 Bake cookies and put cinnamon hearts on them.
10 Place your hand under running water. Talk about the splashes it makes and the water being warm, hot, or cold.	11 Make shapes, letters, and numbers with your fingers.	12 Talk about what makes you feel happy.	13 Fold and tear papers napkins into different shapes.	14 Look at a photo of relatives. Talk about who they are and where they live.	15 Locate small and large chairs in the house.	16 Look for things in the house that have stripes.
17 Draw thick lines and thin lines on paper and hang the paper in the window so that the sun shines through it.	18 Cut an apple into quarters. Count all the seeds.	19 From a magazine cut out pictures of people in action (e.g., eating, running, swimming, driving a car.)	20 Put all the shoes, slippers, and boots in pairs.	21 Put all the gloves and mittens in pairs.	22 Talk about what makes you laugh.	23 Practice whispering. Talk about when it's appropriate to whisper.
24 Take the lamp shade off a lamp and turn on the light. Make shadows	25 Look at the moon. Talk about its shape, color, and size.	26 Jump around the living room. Count the number of jumps.	27 Make pancakes and put fruit on top. Describe the fruit.	28 Recite a simple poem like <i>Humpty Dumpty</i> or <i>Little Jack Horner</i> .		Look back at this month's calendar. Talk about the important

on the wall with your fingers.						things that happened.
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